Type 1 diabetes

Know the signs



Type 1 diabetes can develop at any age. Diagnosing the condition can be difficult. Early symptoms can resemble those of other common illnesses, leading to misdiagnosis and increasing the risk of life-threatening complications.

People living with type 1 diabetes worldwide.

9.2 million

up to **40%**

Adults with type 1 diabetes initially misdiagnosed.

Early action on diabetes

begins with knowing the signs and what to do

Excessive thirst and dry mouth

Sudden weight loss

Frequent urination (or bedwetting in children)

Lack of energy, tiredness

Constant hunger

Blurred vision

Notice any of these symptoms? See a doctor - especially if you experience frequent urination, excessive thirst, extreme tiredness, or unexplained weight loss.

Learn more about type 1 diabetes at **worlddiabetesday.org**

#ActEarlyOnDiabetes

A campaign led by the International Diabetes Federation

world diabetes day
14 November